



## Coaching Profile:

### Pratica Maharaj

#### Coaching approach:

How would you describe your coaching approach?

My approach in summary is Collaborative and Goal Orientated.

My focus is on “productivity” and grooming and guiding the coachee to “deliver”

I dive deep to unpack the blockers and enablers to boost productivity.

#### Coaching experience:

Please describe your coaching experience including the type of coaching you’ve done, the clients and industries that you have worked with. You’re welcome to include feedback from coaching clients here as well.

1. **Career Coaching** to multiple Private clients to level up their careers
2. **HR Coaching** – Coaching HR Professionals
3. **Personal Productivity Coaching** – Using Psychometric assessments as a base to understand the Coachees natural style. Then use the coaching intervention to optimise strengths and potential to boost personal productivity
4. **Executive Team Effectiveness** – Using Psychometric Assessments to understand Team strengths weaknesses and Potential. Individual and team coaching to boost team productivity.

**Qualifications:** Please share the details of your coaching qualification(s).

Honours Industrial Psychology and qualified “professional Counsellor Psychometry”

Qualified Psychometrist

**Personal:** Please include any other information that you’d like to mention, specific achievements or forums and groups that you are part of.

Social Development - Group Career Coaching sessions with Students and unemployed youth with UNZN , Mancosa and HSCNA.