

# Coaching Profile: Brian Mhlanga



## Coaching approach:

How would you describe your coaching approach?

I work with a special focus on a systems and an Integral approach that is ;

- *Inclusive* of the most relevant theories, practices, approaches available to understanding human & organisational experience and leadership development.
- *Holistic*: my approach takes in the core parts of the whole and addresses each one simply to see the patterns of the whole human being in self, with others, through actions and in their environment.
- I am au fait with brief and long-term modalities namely Psychodynamic Psych- coaching, Cognitive Behavior Coaching (CBC), Narrative-Collaborative coaching. I also work within the framework of African Centred Psychology which includes recognition of African practices.

## Coaching experience:

Please describe your coaching experience including the type of coaching you've done, the clients and industries that you have worked with. You're welcome to include feedback from coaching clients here as well.

*Executive coaching & Leadership Development Coaching*

- Coaching executive and senior leaders in manufacturing , marketing and ICT industries.
- Coaching of MBA academic students at JBS, WBS and Henley.
- Coaching leaders and teams at the Reserve Bank
- Coaching future leaders in State Owned Entity (Executives, Senior and Specialists)
- Group coaching in Emotional Intelligence as leaders.

*Organisational Effectiveness & Performance Consulting*

- Facilitated Team Effectiveness for WHO over two years
- Facilitated change management for various divisions at SARB

**Assessment Instruments**

Brian is a qualified Enneagram and Neuroscience Coach.

**Sample of clients:**

South African Reserve Bank, Transnet, BMW, Isuzu, SARIA, Bidvest, IQ Business, McCain, W&R Seta, Flow Communications, Ntyiso Consulting, SABS, Air products, African Rainbow Minerals, Glencore, ITPC, Old Mutual, Mercedes Benz SA, Liquid Tech, Wits RHI, WHO Foundation, FNB, Nedbank, Standard Bank , CiTi Bank, Indwe, IDC , PepiCo, Bidvest , BCX, Tongaat, Multichoice , AGSA, Kellenova,

- Enneagram
- Strategy
- Facilitation
- Diversity and Inclusion
- Transitions
- Team/systems Coaching
- Women Leadership
- Leadership Presence
- Executive Coaching
- Career Coaching

**Areas of expertise**

**Qualifications:**

Please share the details of your coaching qualification(s).

- MBA (Finance)
- MM (Wits)
- PGDip (HE) UCT
- B.Th
- BA (Psychology)
- Diploma in Project Management
- Deep Coaching Certificate (USA)
- PhD –in progress

**Professional  
registrations**

- ICF
- COMENSA
- IoDSA
- SAIOP
- PsySSA

**Personal:**

Please include any other information that you'd like to mention, specific achievements or forums and groups that you are part of.

Brian is an Industrial Psychologist who works in leadership and organisational development with more than 15 years of experience working in finance, project management, international relations, communication and advocacy. He lectures part-time in leadership, Organisational Development and Diversity at Henley Business School Africa , UJ Johannesburg Business school, Duke CE, Wits Business School (WBS) , Milpark Business School and St Augustine's college (Catholic University).